# Colonial Life





Just over 1 in 4 of today's 20-year-olds will become disabled before reaching normal retirement age.

Council for Disability Awareness, The Crisis of Disability Coverage in America, 2018.



# **Disability Insurance**

## Is your paycheck protected?

It's important to be financially prepared for the future. That's why you have insurance for your house, your car and your health. But if you're like many Americans, you don't have insurance for the one thing you use to pay for these expenses — your paycheck.

If an accident or illness prevented you from earning an income, how would you pay for your everyday expenses? You never know how long a disability could last, so it's important to have a backup plan.

Colonial Life's disability insurance can help protect your way of life by providing a monthly benefit for a covered disability.

- This plan is customized to protect the income not covered by NJ State Disability.
- Benefits are paid immediately after the wait period you choose regardless of whether you are receiving any other benefits including PTO.

### IMPORTANT REMINDER TO CURRENT PARTICIPANTS:

Your plan **will not automatically adjust** due to <u>salary increases</u> <u>and changes to your PTO days</u>. Please speak to a benefit counselor every year to insure your plan is meeting your current needs.

## No matter where you are in life, a disability could prevent you from earning an income



**Recent college** 

graduate with first full-time job

#### ASHLEY

While jogging after work one evening, Ashley injured her leg. Her doctor advised her to stay off of her leg for three weeks. After using paid time off for a week, Ashley stopped receiving a paycheck.

**How her disability policy helped:** Ashley used her disability benefits to help with her rent and monthly student loan payment.



#### **EMILY & BRIAN**

After having a baby, Emily went out on maternity leave. Without her income, the couple was worried about how they'd pay for everyday expenses. Fortunately, Emily purchased a disability policy from her company two years ago.

How her disability policy helped: Emily's benefits helped the couple pay for their growing family's ongoing expenses, and they didn't have to use any of the money they'd been saving for a bigger house.



50-year-old father of the bride

#### LEWIS

Lewis suffered a heart attack and had to have surgery. He needed to take an unpaid leave of absence from work to recover. During this time, he received his usual monthly bills.

**How his disability policy helped:** Lewis' disability benefits helped provide him with the comfort of knowing that his bills wouldn't get in the way of giving his daughter the wedding of her dreams.

#### The examples shown are for illustrative purposes only.

## Approximately 90% of all disabilities are caused by illnesses rather than accidents.

Integrated Benefits Institute, IBI Health and Productivity Benchmarking: Long-Term Disability Program, 2017.



# Your bills continue, even if your paycheck doesn't

Think about your ongoing monthly expenses everything from your mortgage or rent to your groceries and utilities. If a disability left you without a paycheck, you might rely on savings as a backup plan, but would you have enough?

Disability insurance can help you pay for your expenses and keep you focused on what really matters — recovery.

### **Coverage advantages**

- Benefits are payable directly to you (unless you specify otherwise), and you can use them however you'd like.
- At enrollment, you can choose the disability benefit amount to best meet your needs (subject to income).
- Benefits are payable regardless of any insurance you may have with other companies.
- Disability benefits may also be available if you return to work part time.



### Meet with a benefits counselor

By attending a 1-to-1 counseling session with a Colonial Life benefits counselor, you can learn more about disability insurance and how it can help protect your paycheck and your family's way of life. Your benefits counselor can also review the rest of your insurance coverage and help you determine where you may need additional financial protection.



# How much should you have in savings?

A single person with few recurring expenses and no dependents

SAVINGS = 3 MONTHS OF LIVING EXPENSES

A dual-income couple with children and recurring expenses

SAVINGS = 6 MONTHS OF LIVING EXPENSES

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# Individual Short-Term Disability Insurance

You never know when a disability could impact your way of life. Fortunately, there's a way to help protect your income. If a covered accident or sickness prevents you from earning a paycheck, disability insurance can provide a monthly benefit to help you cover your ongoing expenses.

### Can you afford to not protect your income?

You don't have the same lifestyle expenses as the next person. That's why you need disability coverage that can be customized to fit your specific needs.

After calculating your monthly expenses, your benefits counselor can help you complete the benefits worksheet.

		MONTHLY EXPENSES
		Round to the nearest hundred.
1	Rent or mortgage	\$
2	Transportation	Ş
3	Utilities (phone, internet, electricity/gas, water, etc.)	Ş
4	Food and necessities	Ş
5	Other expenses	Ş
Total monthly expenses (add lines 1-5 together)		\$

### **Benefits worksheet**

#### How much coverage do I need?

Monthly benefit amount for off-job accident and off-job sickness: \_ Choose a monthly benefit amount between \$400 and \$6,500.\*

If your plan includes on-job accident/sickness benefits, the benefit is 50% of the off-job amount.

#### What is the benefit period?

#### Benefit period: \_\_\_\_\_ months

The partial disability benefit period is three months.

#### When may my total disability benefits start?

After an accident: \_\_\_\_\_ days

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After a sickness: \_\_\_\_\_ days

#### **Product information**

#### Total disability definition

Totally disabled or total disability means you are: unable to perform the material and substantial duties of your regular occupation, not, in fact, engaged in any employment or occupation for wage or profit, and under the care of a physician.

#### How partial disability works

If you are able to return to work part time after at least 14 days of being paid for a total disability, you may be able to still receive 50% of your total disability benefit.

#### Waiver of premium

We will waive your premium payments after 90 consecutive days of a covered disability.

#### **Geographical limitations**

If you are disabled while outside of the United States, Canada or Mexico, you may receive benefits for up to 60 days before you have to return to the U.S. in order to continue receiving benefits.

#### Issue age

Coverage is available from ages 17 to 74.

#### Keep your coverage

You can keep your coverage to age 75 at no additional cost, even if you change jobs, as long as you pay your premiums when they are due.

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### For more information, talk with your benefits counselor.

#### **EXCLUSIONS AND LIMITATIONS**

We will not pay benefits for losses that are caused by, contributed to by or occur as the result of: cosmetic surgery, felonies or illegal occupations, flying, intoxication or drug addiction, psychiatric or psychological conditions, suicide or injuries which you intentionally do to yourself, or war. We will not pay for losses due to you giving birth within the first nine months after the coverage effective date of the policy. We will not pay for loss when the disability is a pre-existing condition as described in the policy.

Pre-existing condition means a sickness or physical condition, whether diagnosed or not, for which you were treated, had medical testing, received medical advice or had taken medication within 12 months before the policy coverage effective date shown on the policy schedule.

After this policy has been in force for 12 months from the policy coverage effective date shown on the policy schedule, we will pay benefits for any pre-existing condition not excluded by name or specific description if the covered disability began at least 12 months after the policy coverage effective date and the elimination period has been satisfied.

For cost and complete details, see your Colonial Life benefits counselor. Applicable to policy form ISTD3000-NJ and rider form ISTD3000-ADIB-NJ. This is not an insurance contract and only the actual policy and rider provisions will control.

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For more information, talk with your benefits counselor.

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# Pregnancy and having a baby

**Disability Insurance** 

## A baby changes everything – even your financial situation.

Disability insurance can help you pay for everyday living expenses and keep you focused on taking care of the new addition to your family.

### How disability insurance can help

- The usual recovery period is six weeks (vaginal delivery) or eight weeks (cesarean delivery). If your claim is approved, your benefits will start after you satisfy your elimination period (waiting period).
- Benefits are paid directly to you to use as you see fit.
- Your disability benefits are not affected by your employer's leave of absence program, the Family Medical Leave Act (FMLA), your sick leave or paid time off/vacation time.
- If you were not pregnant before your coverage effective date, pregnancy complications, such as pre-term labor, gestational diabetes and pre-eclampsia, are treated just like any other covered sickness.

Your disability policy has a giving birth limitation, which means Colonial Life will not pay disability benefits if you give birth within the first nine months after your coverage effective date. If the pregnancy is considered a pre-existing condition, any dates missed from work due to pregnancy, delivery, or associated complications may not be covered.

### Understanding your elimination period (waiting period)

If your claim is approved, your benefits will start after you have satisfied the elimination period, which is the period of time that no benefits are payable. Your elimination period may vary based on the plan you select.



For illustrative purposes only. Example based on a seven-day elimination period.

Although the above example shows benefits payable for five or seven weeks after the elimination period, the policy provides a monthly benefit. After deducting the elimination period and paying any full months of disability, the remaining dates will be paid using the daily rate.

### Filing your disability claim

If there are no complications, you should file your claim after delivery. For complications before delivery, you should file your claim as soon as the doctor indicates you are unable to continue working.

This coverage has exclusions and limitations that may affect benefits payable. Giving birth limitation may vary or not apply in all states. Coverage type and benefits vary by state and may not be available in all states. For cost and complete details, see your Colonial Life benefits counselor.

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